

Shaun O'Hara Bio

Shaun O'Hara played in the NFL for 11 years as both a center & guard. He attended Rutgers University where he walked on to the football team & was two-time All Big East. He signed as an undrafted free agent with the Cleveland Browns where he spent 4 seasons before signing with the New York Giants and spent the next seven years as the starting center. During that time, he was part of the Super Bowl XLII Championship team and was selected to three straight Pro Bowls.

He is now a studio analyst for the NFL Network and also works for ESPN Radio, the Big Ten Network & is a part of the NYG Broadcast of the NYG Postgame show.

In April 2009, O'Hara, along with his wife Amy, launched the Shaun O'Hara Foundation, whose mission is to Help Increase Knowledge and Education for life-threatening diseases for which there is limited funding. The majority of the foundations efforts and resources has been focused on assisting children and families battling cystic fibrosis and raising funds to find a cure.